

Southern Tier Physical Therapy Associates, P.C.

www.stpta.com

stpta200@gmail.com



Southern Tier Physical Therapy offers a new technology called Radial Shock Wave Therapy (RSWT). The FDA has newly approved this as a treatment technique. RSWT also known as Radial Pulse Therapy uses shockwaves to mobilize the soft tissues of the body which isn't easily accessible by hand. We can achieve more in a single treatment than would be done in 4 to 8 treatments of manual therapy sessions in most cases. This means that the patient will have better and faster results.

RSWT has been used successfully to treat the following conditions:

- Tendonitis
- Bursitis
- Bone Spurs
- Heel Spurs
- Plantar Fasciitis
- Tennis Elbow
- Myofascial Pain Syndrome
- Trigger Points
- Shin Splints
- Chronic Inflammation
- Hematomas
- Pes Anserinus Syndrome
- Iliotibial Band Syndrome
- Shoulder Pain
- Hypertonic Muscles
- Knee Pain
- Ankle/Foot Pain

The FDA has approved RSWT to "relieve minor muscle aches/pains" and for the "temporary increase in blood circulation".

Southern Tier Physical Therapy offers Radial Pulse Therapy. It will consist of 6 sessions at \$50.00 for each session. This is not covered by insurance.

240 Riverside Drive
Johnson City, NY 13790
O: 607.217.4341

200 Front Street, Ste D
Vestal, NY 13850
O: 607.754.1776

800 Hooper Road
Endwell, NY 13760
O: 607..754.1776