



Southern Tier Physical Therapy Associates, P.C.

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Southern Tier Physical Therapy is offering a new technology call Radial Shock Wave Therapy (RSWT) FDA has newly approved this as a treatment technique. RSWT also known as Radial Pulse Therapy uses shockwaves to mobilize the soft tissues of the body which isn't easily accessible by hand. We can achieve more in a single treatment than would be done in 4 to 8 treatments of manual therapy sessions in most cases. This means that the patient will have better and faster results.

RSWT has been used successfully to treat the following conditions:

- Tendonitis
- Bursitis
- Bone Spurs
- Heel Spurs
- Plantar Fasciitis
- Tennis Elbow
- Myofascial Pain Syndrome
- Trigger Points
- Shin Splints
- Chronic Inflammation
- Hematomas
- Pes Anserinus Syndrome
- Iliotibial Band Syndrome
- Shoulder Pain
- Hypertonic Muscles
- Knee Pain
- Ankle/Foot Pain

The FDA has Approved RSWT to “relieve minor muscle aches/pains” and for the “temporary increase in blood circulation”.

Southern Tier Physical Therapy is offering Radial Pulse Therapy. It will consist of 6 sessions. The first session is free and the remaining will cost \$20.00 a session. This is not covered by insurance.

Southern Tier Physical Therapy is now providing this service.

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